

Type of Resource	Name, Address, Phone Number	Website Information	Additional Information
Food Bank	A Christian Food Pantry, 2010 Ave G Suite 904, Plano, TX 75074, 214-374-5683, 972-578-5730	http://acfoodpantry.org/	Access to all food bank information and steps that need to be taken
Food Bank	Promise House, 224 West Page, Dallas, TX, 75208, 214-941- 8578,	https://promisehouse.org/about-us/contact-us/	Access to all food bank information
Food Bank	Salvation Army Dallas Pantry, 250 E Grauwylar, Irving, TX 75061, 972-438-6553	http://www.salvationarmyusa.org	Access to all food bank information
Child Care	Children's Courtyard, 8560 Esters Blvd, Irving, TX, 972-929-2965	https://www.childrencourtyard.com/	Access to all contact information
Child Care	First Class Learning Center, 2107 West Shady Grove Rd, Irving, 972-790-4214	https://www.facebook.com/firstclassirving/	Access to all contact information
Child Care	Texas Workforce Commission, Workforce SOL Dallas Irving, 2520 West Irving, Blvd Ste 100, Irving, TX 75061, 972-573-3500	http://www.wfsdallas.com/	Access to all contact information
Utility Assistance	Irving Cares, 440 S. Nursery Road, Ste. 101, Irving, TX 75060, 972-721-9181	http://www.irvingcares.org/	Access to all utility information and steps that need to be taken
Utility Assistance	Friendship House/ First Baptist Church, 620 W. Ave B, Garland, TX, 75040, 972-272-1010	http://www.fbcgarland.org/fbg/friendship_house	Access to all utility information and steps that need to be taken

Utility Assistance	North Dallas Shared Ministries, 2875 Merrell Rd, Dallas, TX, 75229, 214-358-8700	http://www.ndsm.org/	Access to all utility information and steps that need to be taken
Shelters	Union Gospel Mission, 3211 Irving Blvd, Dallas, TX, 214-637-6117	https://www.ugmdallas.org/	Access to all information needed for shelter this Men's Shelter and services provided
Shelters	Genesis Women's Shelter, 4411 Lemmon Ave, Ste. 201 Dallas, TX, 75247, 214-946-4357	https://www.ugmdallas.org/	Access to all information needed for shelter and services provided
Shelters	Family Getaway, 711 S. St. Paul St. Dallas, TX, 75201, 214-741-6515 ext. 204	https://www.familygateway.org/	Access to all information needed and services provide
Apartment Finders	A.S.A.P. Apartment Finders, 214-599-9887	snelms@me.com	Access to all contact information
Apartment Finders	Dallas Apartment Locators, 3699 McKinney Ave, Suite 222, Dallas, TX 75204, 702-492-8900	www.dallasapartmentlocators.com	Access to all contact information
Apartment Finders	Find It Apartment Locators, 17390 Preston, Suite 261, Dallas, TX 75252, 281-480-3400	www.apartmentlocators.com	Access to all contact information
Housing	Subsidized Rental Housing, 2920 Shady Grove Road, Irving, TX, 972-790-9704	www.211texas.org	Access to all contact information
Housing	City of Dallas Housing Department, Dallas City Hall, Dallas, TX, 75201, 214-670-4840	www.211texas.org	Access to all contact information including hours of operation

Transportation	DART Public Bus Service, 1401 Pacific Av, Dallas, TX, 75202, 279-979-1111	www.dart.org	Access to all contact information including hours of operation and discounts on passes
Transportation	DART Dallas Mass Transit Rail, 1401 Pacific Ave, Dallas, TX, 75202, 279-979- 1111	www.dart.org	Access to all contact information including hours of operation and discounts on passes
Staffing Agencies	Allegiance Staffing, 3201 W Airport Freeway, Irving, TX, 972-554-6565	http://www.allegiancestaffing.com/	Access to all contact information including hours of operation
Staffing Agencies	Link Staffing Services, 2419 W. Airport FWY, Irving, TX, 972-256-4104	http://www.linkstaffing.com/	Access to all contact information including hours of operation
Schools	Barton Elementary, 2931 Conflans Rd, Irving, TX, 972- 600-4100	http://www.irvingisd.net/barton	Access to all contact information including hours of operation
Schools	Irving High School, 900 N. O'Connor Rd, Irving, TX, 972-600-6300	http://www.irvingisd.net/Domain/8	Access to all contact information including hours of operation
Schools	MacArthur High School, 9700 N. MacArthur Blvd, Irving, TX, 972-600-7200	http://www.irvingisd.net/macarthur	Access to all contact information including hours of operation
Hygiene	Extreme Hair Cuts & Designs, 1335 N. Beltline Rd, Ste 15B, Irving, TX, 214-500- 1290	http://www.whitepages.com/business/extreme-haircut-design-irving-tx	Access to all contact information including hours of operation
Hygiene	ITS Academy of Beauty, 3800 Irving Mall, Irving, TX, 75062, 972-252-2200	http://itsacademyofbeauty.com/	Access to all contact information including hours of operation
Substance Abuse Resources	Addicare Group of Texas, 4300 N. Central Expressway,	http://www.garlandcounselor.com/	Access to all contact information including hours of operation

	Suite G-100, Dallas, TX, 75206. 214-824-6503		
Substance Abuse Resources	The Hickory Trail Hospital, 2000 N. Old Hickory Trail, Desoto, TX 75115, Dallas, TX, 972-298-7323	http://www.hickorytrail.com/	Access to all contact information including hours of operation
Clinics	Irving Health Center, 1800 N Britain Rd, Irving, TX, 214-266-3000	http://www.parklandhospital.com/phhs/locations/irving-health-center-7.aspx	Access to all contact information including hours of operation
Clinics	Lee Medical Clinic, 811 N O'Connor Rd, Irving, TX, 972-254-1412	No Website available	Access to all contact information including hours of operation
Free Clinics	Irving Interface Clinic, 1302 Lane Street, suite 100, Irving, TX, 75061, 972-579-4390	http://freeclinicdirectory.org/detail/irving_interfaith_clinic_irving_tx.html	Access to all contact information
Free Clinic	North Texas Indian Charitable Foundation, 1706 N Britain Rd, Irving, TX 75061, 972-608-0611	http://www.freeclinics.com/detail/tx_North_Texas_Indian_Charitable	Access to all contact information
Hospital	Baylor Scott & White Medical Center, 1901 N MacArthur Blvd, Irving, TX, 972-579-8100	http://www.baylorhealth.com/PhysiciansLocations/Irving/Pages/Default.aspx	Access to all contact information
Hospital	Green Oaks Hospital Las Colinas, 6750 N MacArthur Blvd, Irving, TX, 75039	http://medicalcitygreenoaks.com/service/counseling-services	Access to all contact information
Financial Resources	Resource One Credit Union, 2315 W Airport Freeway, Suite 161, Irving, TX, 800-375-3674	https://www.r1cu.org/	Access to all contact information including hours of operation

Financial Resources	Financial Staffing Resources, 15950 Dallas Parkway, #400, Dallas, TX, 972-663-0355	https://www.finstaff.com/	Access to all contact information including hours of operation
Gym	Planet Fitness, 1706 W Irving Blvd, Irving, TX, 75061, 888- 237-9005	http://www.planetfitness.com/ gyms/irving-tx-1412	Access to all contact information including hours of operation
Gym	Mind, Body, and Soul Fitness, 1041 W Rochelle Rd, Irving, TX, 214-417-6209	http://mindbodysoulfitness.net/ /	Access to all contact information including hours of operation
Gym	24 Hour Fitness, 2407 W Airport Freeway, Irving, TX, 214-596-0024	http://www.24hourfitness.com /Website/Club/344	Access to all contact information
Gym	Fitness Connection, Irving Mall, 3888 Irving Mall, 972- 258-7900	http://fitnessconnection.com/c lubs/irving/?utm_source=loca l&utm_medium=organic%20 &utm_campaign=gmb	Access to all contact information
DMV	Texas Department of Public Safety, 1003 W 6 th Street, Irving, TX, 75060, 972-253- 4171	http://www.dps.texas.gov/	Call for information