

Type of Resource	Name, Address, Phone Number	Website Information	Additional Information
Food Bank	Houston Food Bank	http://www.houstonfoodbank.org/	Access to all food bank information as well as documents needed to receive food assistance
Food Pantry	Heights Interfaith Food Pantry Supplemental Nutrition Assistance Program (SNAP)	https://himfoodpantry.org/	Access to all food bank information as well as documents needed to receive food assistance
Food and Nutrition Service	Supplemental Nutrition Assistance Program (SNAP)	https://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program-snap	Access to nutrition assistance for low income individuals and families.
Shelter/workforce development	Star of Hope Mission	http://www.sohmission.org/	Dedicated to meeting the needs of homeless men, women and their children.
Women's Services	Houston Area Women's Center	http://www.hawc.org/	Offers shelter, consoling and emergency services for women.
Shelter	United way of Houston	https://www.unitedwayhouston.org/	Ensuring the safety net by providing life-saving services to meet most basic needs, like food and shelter.
Shelter	Search	http://www.searchhomeless.org/	A leading homeless service provider in the Greater Houston community.
Organization	AIDS foundation Houston	http://www.aidshelp.org/	Assistance for HIV and Aids Clients only
Food Bank	Bethel's Heavenly Hands	http://www.bethelsheavenlyhands.org/	Rent, utilities, food clothing.
Service Organization	Catholic Charities of the Archdiocese of Galveston-Houston	http://www.catholiccharities.org/	Rent, utilities, food, counseling, adoption, immigration.
Service Organization	Chinese Community Center	http://ccchouston.org/	Utilities, weatherization, adult day program
Service Organization	Cristian Community Center	https://www.ccschouston.org/	Rent, Utilities, food, clothing
Service Organization	City Wide Club	http://citywideclub.com/	Rent, Utilities, food, clothing

Utilities	Comprehensive Energy Assistance Program (CEAP)	https://www.tdhca.state.tx.us/community-affairs/ceap/	CEAP is designed to assist low income households in meeting their immediate energy needs.
Service Organization	Gulf Coast Community Resources	http://www.gccsa.org/	Engages partners and forges strategic alliances to educate, equip and empower individuals and families in their pursuit of economic independence. Rent, Utilities, food, clothing, Q cards, and Eyewear vouchers.
Housing	Harris County Housing Authority Housing Choice Voucher Program	http://hchatexas.org/housing-choice-voucher-program/	Housing Choice vouchers distributed during open enrollment. Program allows low-income families to rent quality housing in the private market via federal funds provided by the U.S. Department of Housing and Urban Development (HUD).
Community Services	Harris County Social Services	http://www.csd.hctx.net/ss_specialassistanceservices.aspx	Rent, Utilities, Bereavement, and veteran services
Legal assistance	Lone Star Legal Aid	http://www.lonestarlegal.org/	Legal services to low income individuals
Advocacy Services	Mayor's office for people with disabilities	http://www.houstontx.gov/disabilities/	The primary advocate for the rights and needs of citizens with disabilities. The Office also serves as a liaison between the mayor, city council, city departments and other public and private entities on matters pertaining to people with disabilities in Houston.
Identification Cards	Operation I.D.	http://msmhouston.org/operationid.html	Fund the costs, assist in gathering the documentation, and complete the forms necessary to obtain the official identification they need to procure work, housing, benefits, and school enrollment.
Food bank	Target Hunger	http://www.targethunger.org/	Emergency food bank

Transit	Metro	http://www.ridemetro.org/pages/FareDiscountedFare.aspx	Discounted metro card for students, disabled, veterans or seniors.
Child Care	Collaborative for children	https://www.collabforchildren.org/families/find-child-care	Reduced priced child care
Shelter	The Bridge over troubled waters	http://www.thebridgeovertroubledwaters.org/v2/	Emergency Shelter for domestic victims only
Food Pantry	The House of Amos	http://www.houseofamos.org/	Provides assistance to people in need through emergency food pantry operations and services designed to assist individuals in gaining healthy families, meaningful employment and achieving self-sufficiency.
Service Organization	Houston Urban League	http://www.haul.org/	HAUL advocates for and provides social services to disadvantaged people of all races, gender, age groups and or disabilities. HAUL operates the following five (5) programs targeting residents in economically disadvantaged geographic areas in the Greater Houston areas: Education and Youth Development; Workforce and Economic Development; Workforce Training; Housing; and Health and Wellness Initiatives.
Shelter	Star of Hope	http://www.sohmission.org/	Emergency shelter, information on transitional housing, and solutions for the poor and homeless in Harris County.

Housing Counseling Agency	Credit Coalition	https://www.creditcoalition.org/	Provides Financial and Homebuyer Counseling and Education, Foreclosure Intervention Counseling, Reverse Mortgage Counseling, Financial Coaching and outreach services to all segments of our community, especially the low and moderate income, who seek information and assistance in entering or Re-entering the credit mainstream.
Health Care	Legacy Community Health Services, Inc.	http://www.legacycommunityhealth.org/	Provide a wide range of quality health care and wrap around services to all, regardless of ability to pay.
Health Care	Good neighbor health care center	http://www.gnhc.org/	Providing services in a caring environment where fees are charged on a sliding scale according to income